



# Welcome to HOLY FAMILY PARISH

JANUARY 18/19, 2020 – 2<sup>ND</sup> SUNDAY IN ORDINARY TIME

1451 Strachan Road SE, Medicine Hat, AB T1B-4V3 ~ Phone: 403-527-6933

Email: [contact@holyfamilymh.ca](mailto:contact@holyfamilymh.ca) ~ Website: [www.holyfamilymh.ca](http://www.holyfamilymh.ca) ~ Facebook: Medicine Hat Holy Family Parish

Sunday Mass Times: Saturday - 5:00 pm, Sunday - 8:30am, 10:30am & 6:00pm

Reconciliation: Friday 9:30-10:30am & Saturday 3:30-4:45pm

Office Hrs. Monday to Friday - 8:30am – 12:00pm & 1:00pm to 4:30pm - Closed on Holidays

## Recognizing Jesus

## 2<sup>nd</sup> Sunday in Ordinary Time \_Year A

Once upon a time there was a guy who had an intellectual disability who worked at a local supermarket. The store presented a monthly "*Employee of the Month*" award to its staff. Every month whoever would be the recipient of this honor, would brag about it and show off their plaque to the store's customers for the weeks after; however, the said individual never got the honour. One day a lady met him in the grocery store and asked the young man to help her load some bags into her car. In the conversation that ensued, she asked if he ever received the plaque. He said, no, and went on to explain that the store had no intentions to consider giving him one. He became emotional and distraught discussing it. It seemed that it made him feel so sad that his work, which clearly helped him to define himself, would never appreciate him in this way. Seeing how much this person cared about this honor, she decided to take it upon herself to do something about it. So, at Christmas, for the last several years, she got a recognition plaque made, complete with this man's name and picture; and awarded it to him in the parking lot when he helped her with her groceries. Sometimes, in fact, he was so overcome that someone has taken the time to recognize his work that he often broke down and cried when she gave him the award. Last Sunday we celebrated the Feast of the Baptism of the Lord and we reflected on how Jesus confirmed everything St. John the Baptist said about him by manifesting himself to the house of Israel and strengthened our relationship with the Father. However, today's scene is almost the same, but this time St. John the Baptist shares his experience with the people. This experience has a twofold meaning: First he recognizes himself and secondly, he recognizes Jesus. These two aspects are very important in our life as we follow Jesus. Let's reflect on the first aspect in the light of today's Scripture. In the first reading we see how the Prophet Isaiah recognizes himself as he carries the message of God by bringing the house of Jacob back to God. He is a man of unclean lips, but God called him to be a prophet to the people of Israel. He rejoices in the Lord who says to him "it is too small a thing that you should be my servant to raise up the tribes of Jacob..." It is very important to recognize ourselves to see the height of our faith. In the second reading St. Paul is giving thanks to God for his call to be his apostle for the gentiles as he recognizes his own identity. St. John the Baptist knew himself that he WAS there to prepare the way of the Lord and be the forerunner to the one who comes after him. However, he recognizes Jesus in a totally different way; not as Son of God or Messiah but as the Lamb of God who takes away the sin of the world. Why does St. John the Baptist recognize Jesus as a Lamb?

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## PARISH UPCOMING EVENTS & INTENTIONS

### SUNDAY, JANUARY 19, 2019

#### 2<sup>ND</sup> SUNDAY IN ORDINARY TIME

- Shannon's Choir Practice @ 8:00am
- **Mass 8:30am** (Intention: Rustico Castaneda †)
- **Mass 10:30am** (Intention: Rev Lou Rivers)
- **NO COFFEE TIME TODAY**
- CWL Meeting & Lunch 11:30am HFP Hall
- Fiesta of Santo Niño 3:00pm Church & Faith Room
- Maria's Choir Practice 5:00pm
- **Mass 6:00pm** (Intention: Gregory Osmond †)

### MONDAY, JANUARY 20, 2020

- **Mass 9:00am** (Intention: Dr. Barr)
- Prayer & Praise 7:00pm Chapel

### TUESDAY, JANUARY 21, 2020

- Office Closed 9:00-10:30am Staff Meeting
- Exercise Class 10:00am Faith Room
- SSVF Meeting 4:00pm Hope Room
- **Mass 6:30pm** (Intention: Holy Family Parish) followed by **Adoration until 8:00pm**
- Altar Servers Practice & Pizza 7:00pm Church & Hall

### WEDNESDAY, JANUARY 22, 2020

- **Mass 9:00am** (Intention: Reta Bosch †)
- Breakfast following Mass HFP Hall
- Bible Study 9:30am Faith Room
- Chinook Village 10:00am Communion Service
- **Sunnyside 1:30pm Communion Service**
- **Masterpiece 3:00pm Mass**
- Good Sam's 3:30pm Communion Service
- Finance Council Meeting 6:00pm Charity Room
- RCIA 7:00pm Faith Room
- Light Weigh 7:00 pm Hope Room

### THURSDAY, JANUARY 23, 2019

- Men Pray 6:30am Charity Room
- **Mass 9:00am** (Intention: Sr. Vicki Hagel)
- Breakfast following Mass HFP Hall
- Exercise Class 10:00am Faith Room
- Grief Share 2:00pm Hope Room
- **Holy Hour 6:00pm**
- Sally's Choir Practice 6:30pm
- Bishop's Dinner Comm Mtg 7:00pm Hope Room

### FRIDAY, JANUARY 24, 2019

- **Mass 9:00am** (Intention: Sr. Clem Liboiron) followed by **Adoration & Reconciliation until 10:30am**
- Breakfast following Mass HFP Hall
- Meadowlands 10:00am Communion Service
- **Wellington 10:00am Mass**

- Eucharistic Ministers Wine & Cheese 5:30pm Hall

### SATURDAY, JANUARY 25, 2019

- **Adoration 7:30am Chapel**
- TMIY 8:00am HFP Hall
- Benedictine's Group 9:30am Hope Room
- Baptism 10:00am Church
- **Reconciliation 3:30pm – 4:45pm**
- Jeanne's Choir Practice 4:00pm

### 3<sup>RD</sup> SUNDAY IN ORDINARY TIME

- **Mass 5:00pm** (Intention: Clarence Miller †)

### SUNDAY, JANUARY 26, 2019

#### 3<sup>RD</sup> SUNDAY IN ORDINARY TIME

- Shannon's Choir Practice @ 8:00am
- **Mass 8:30am** (Intention: George Casper Eirick †)
- **Mass 10:30am** (Intention: Frank Vanden Broek †) with Mother Teresa School
- Coffee Time after 10:30 Mass in HFP Hall
- Maria's Choir Practice 5:00pm
- Knight's of Columbus Supper 5:30 HFP Hall
- **Mass 6:00pm** (Intention: George Erik †)

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[NEWS.CalgaryDiocese.ca](http://NEWS.CalgaryDiocese.ca)

[WHAT'S HAPPENING in the DIOCESE.  
https://www.catholiccy.ca/news.html](http://WHAT'S HAPPENING in the DIOCESE. https://www.catholiccy.ca/news.html)

### **Notice of Annual General Meeting**

### **MEDICINE HAT CATHOLIC SCHOOLS' EDUCATION FOUNDATION**

will hold their Annual General Meeting on  
**Tuesday, January 21<sup>st</sup>, 2020 at 7:00 p.m.**

at the Board Office  
(1251 - 1st Avenue SW)

*Public Welcome*

## OPERATING FINANCES

*January 9-16, 2020*

Operating Budget 2019	\$ 12,539
General Collection	\$ 9,101
Loose Collections	\$ 555
Future Development	\$ 2,892
	<b>\$ 9.00</b>
<b>SPECIAL COLLECTIONS</b>	
Together in Action (TIA)	\$ 1,723
St Vincent de Paul	\$ 722
Youth Ministry	\$ 337
World Missions	\$ 38
Seminary Fund	\$ 10
Mission Mexico	\$ 80
Food Bank	\$ 10
CARO	\$ 10
<b>2020 TIA GOAL – tba</b>	
<b>TO DATE \$ 3,103 = ??% OF THE WAY</b>	
<i>Thank You for your Generous Contributions</i>	

## FEATURED MINISTRY

### *The Finance Council*

The Parish Finance Council functions as a consultative body to the pastor. It consists of selected professionals to advise the pastor in these areas:

- Preparation of the annual operating budget
- Long-term financial planning
- Annual parish financial report, which is submitted to the Diocesan Bishop
- Annual and periodic financial reports to the faithful

The council ensures that an adequate system of internal controls is in place to guide the parish in caring for and managing financial resources and temporal goods.

Karen Melle      403-526-4604  
klmelle@telus.net



**PLEASE PRAY FOR THE SOULS  
OF OUR DEARLY DEPARTED**

**PLEASE PRAY FOR THE SICK**

**CONGRATULATIONS TO ALL  
THOSE WHO RECEIVED SACRAMENTS...**



**JANUARY 22 @ 7:00PM**

**FAITH ROOM**

**TOPIC:**

**RECONCILIATION & FORGIVENESS**

**PRAYER  
& Praise**

Next Prayer & Praise on  
Monday, January 20th, at  
7:00pm in the Chapel.

### **ALTAR SERVER PRACTISE & APPRECIATION PIZZA PARTY**

On Tuesday, January 21<sup>st</sup> at 6:30 pm we will be having an altar serving practise for all altar servers. We will also have an appreciation pizza party following the practise. If you are planning to come to the practise please let Ron Pisoni know at [ron.pisoni@mhcbce.ab.ca](mailto:ron.pisoni@mhcbce.ab.ca).

We are currently looking for any students, adults or families who would like to join this very important ministry of altar serving.

### **THE BLESSING OF THROATS**

St Blaise of Sebaste is the Patron saint of people with diseases of the throat. February 3 is the feast day of Saint Blaise. We will be celebrating with The Blessing of Throats at the 9:00am Mass on Feb 3<sup>rd</sup> 2020.

### **EUCCHARISTIC ADORATION**

When he returned, He found them asleep. He said to Peter, "Simon are you asleep? Could you not keep watch for one hour?" Mark 14:37

Come and spend the most peaceful hour of your week with Jesus. Friday February 7th, from 8pm till Saturday at 8am the Blessed Sacrament is exposed in the Adoration chapel. If you can commit one hour, there is a sign-up sheet on the table by Eucharistic Adoration Poster in the lobby.



**THAT MAN IS YOU**

**Saturday Jan 25, 2020**

**8:30-9:30 am HFP Hall**

**Theme: The Prodigal Son**



"Jesus waits for you in this sacrament of love."  
Pope Saint John Paul II

### WORLD DAY OF THE SICK

On **February 11<sup>th</sup>, 2020** there will be a special for Those with Special Needs at 6:30pm as we celebrate the World Day of the Sick sponsored by Knights of Columbus. The purpose of having this Holy Mass is to invite people to pray for these people in a very special by provoking the healing of God upon them. This is to include anyone with a disability or illness that might limit their participation in the regular masses, as well as their family members, etc. Regular transportation will be provided for those who require it. Please contact Al Lawson: [linda.lawson@shaw.ca](mailto:linda.lawson@shaw.ca) for more information.

### MARRIAGE VOWS RENEWAL

The renewal of marriage vows is symbolic. If a marriage is valid, it can't be made more valid. However, renewing one's marriage vows can be a very effective reminder to the couple and all those present of the significance of the Sacrament of Marriage and how the power of God has brought the couple to such a milestone. It is so very powerful, seeing a couple standing on the exact same spot before the altar after many years making their children realize that they only exist as the result of them living that sacrament. To make this happen Holy Family Parish is hosting a **Marriage Vows Renewal Event** for both Parishes on **February 8<sup>th</sup>, 2020 at 6:30pm with Bishop William McGrattan**. Tickets for the **Wedding Vow Renewal Reception** are now on sale until Feb. 1, 2020. The tickets are \$25/couple and will be sold after the weekend masses. "**Called to be One**", the marriage ministry, welcomes new donations from individuals or businesses for our Marriage Vow renewal celebration on February 8th. Please contact either Kirby or Tammy for more information: [Peterson@403-487-1909](mailto:Peterson@403-487-1909). Thank you!



### HOLY FAMILY RETREAT

Come join us at Holy Family, March 21st for a Church retreat. Speakers from Calgary (Seeds of the Word) will be here to give inspirational talks. Everyone is welcome to attend, we look forward to seeing you there. Time of the retreat will be 9am till 1pm. More information to follow.

### KNIGHTS OF COLUMBUS



Knights of Columbus 'Joe McKenna Council' 9502 provides Parishioners with assistance with household chores via their "Handy Helpers Crew". The Handy Helpers are available to assist anyone with health or mobility challenges with minor household chores. Chores such as: changing a hard to reach light bulb, adding salt to a water conditioner or changing a furnace filter, replacing a smoke detector battery, lifting a water bottle onto a cooler/dispenser, or maybe taking recycling to the community bins – anything which could make life a little easier and would normally be done by yourself. Essentially anything too small to warrant hiring someone to do it. They will not undertake any renovations or repairs which require a licensed tradesman, nor will they compete with businesses such as cleaning services, taxis, yard maintenance and snow removal companies. Assistance will be free. For insurance purposes, helpers may not accept any payment of any kind. For your protection (and ours) helpers will always work in teams of at least two Knights. Finally, the Knights reserve the right to decline helping services as they see fit. For help with anything we may be able to handle, please phone Teresa at the Holy Family Parish office at 403-527-6933.

### ST. PATRICK'S PARISH VALENTINE'S SOCIAL & SOCK-HOP

Friday, February 14<sup>th</sup>, 2020 at 7:00pm in St. Patrick's Parish Hall. Dress for the era! For more information call Anne at 403-502-6237



**EUCCHARISTIC MINISTERS ANNUAL  
WINE & CHEESE MEETING FRIDAY  
JANUARY 24<sup>TH</sup> AT 5:30PM IN  
HOLY FAMILY PARISH HALL**

**HOLY FAMILY PARISH AND ST. PATRICK'S PARISH ARE TAKING APPLICATIONS  
FOR A YOUTH COORDINATOR, PLEASE FORWARD RESUMES TO FR. IQBAL AT  
[pastor@hollyfamilymh.ca](mailto:pastor@hollyfamilymh.ca) OR DROP OFF AT HOLY FAMILY PARISH**



With the colder weather upon us, we are running low on winter clothing. We are requiring the following please:

Boys and Girls winter coats – sizes 24 months up through Size 4 T

Boys and Girls fall and winter clothes – 18 months and up

Boys and Girls winter boots – toddler sizes

Boys and Girls socks – toddler sizes

Boys and Girls onesies – 12 months and up

Girls sleepers – 12 months and up

We truly appreciate any and all assistance you have and do for us.

321 6<sup>th</sup> Ave SE, Medicine Hat, AB T1A 2S6  
403.504.8560

[www.nurturepregnancycentre.ca](http://www.nurturepregnancycentre.ca)

### **HAT GRANNIES FOR AFRICA**

*The Hat Grannies for Africa's annual "Fabric, Yarn and More" Sale on Saturday, March 14, 2020. The sale will take place at St. John's Presbyterian Church, 504 – 2<sup>nd</sup> Street SE, from 9:00 am to 2:00 pm. Donations of fabric, yarn, notions and all manner of supplies used in sewing, quilting, knitting and crocheting are accepted. Please text or call Kathy at 403-928-2135 or Sheila at 403-580-7715 to arrange for pick up of donations or for more information. Since 2006, grandmothers groups across Canada have raised over \$36 million dollars, 90% of which goes to the Grandmothers to Grandmothers Campaign (part of the Stephen Lewis Foundation) and is sent directly to community-based organizations run by and for African grandmothers raising their grandchildren.*

### **HEALING & GIFTS OF THE HOLY SPIRIT WORKSHOP**

Friday, February 7 (6:30 to 9:30 p.m.) & Saturday February 8 (8:30 a.m. to 3:30 p.m.) Location: St. Augustine's Catholic Church 5009 – 48 Avenue, Taber. Friday Workshop: *Receiving the infusion of the Holy Spirit.* Saturday Workshops: *Tongues, Prophecy, Wisdom, Knowledge, Resting in the Spirit* & *Intro to*

Healing. Register: [bouncingjean@gmail.com](mailto:bouncingjean@gmail.com)  
403-223-0845

### **PEOPLE OF PRAISE LIVE-IN**

Come and deepen your faith at a Weekend Retreat. Our theme is GETTING TO KNOW JESUS. February 21<sup>st</sup> to 23<sup>rd</sup>

St. Joseph's School, 1413 23<sup>rd</sup> Ave, Coaldale, AB. For more information call Lynn O'Byrne 403-877-0881.

### **STARTING FEBRUARY BULLETIN WILL ONLY BE AVAILABLE AFTER MASS**



CONTINUED FROM FRONT PAGE...

The deep theology and spirituality of the Lamb is rooted in the Old Testament where a Lamb was sacrificed not only for the atonement for sin but also as a symbol of the Covenant of God with Israel. St. John the Baptist doesn't call Jesus just in a simple way "Lamb of God" but he saw the purpose of Jesus' coming into the world: "When Christ came as a high priest of the good things that have come, then through the greater and perfect tent (not made with hands, that is, not of this creation), he entered once for all into the Holy Place, not with the blood of goats and calves, but with his own blood, thus obtaining eternal redemption. For if the blood of goats and bulls, with the sprinkling of the ashes of a heifer, sanctifies those who have been defiled so that their flesh is purified, how much more will the blood of Christ, who through the eternal Spirit offered himself without blemish to God, purify our consciences from dead works to worship the living God!(Hebrews 9:11-14). Let's today recognize Jesus in our life and remember his sacrifice on the Cross for our salvation by recognizing the needs of our fellow brothers and sisters.

# Mass Etiquette

1. **Fast before Mass.** It is Church law that one fasts for at least 1 hour before receiving Holy Communion. Water and medicine can be consumed, of course. The purpose is to help us prepare to receive Jesus in the Eucharist.

2. **No Food and Drink in Church.** The exceptions would be a drink for small children, water for the priest or choir (if discreet) and water for those who are ill. Bringing a snack into church is not appropriate, because we want to set the church apart as a place of prayer and reflection.

3. **Don't chew gum in church.** It breaks your fast, it's distracting, it is considered impolite in a formal setting, and it doesn't help us pray better.

4. **Cross yourself with Holy Water on entering and leaving the church.** This is a reminder of our Baptism, which made us members of Christ's Church. Just try to remain mindful of what is happening when you do so and don't do it without saying a prayer.

5. **Show up 15 minutes before Mass.** If for some reason you can't be on time, then try to sit in the back so you don't disturb others. Getting to Mass early allows you to pray and prepare yourself better for Mass.

6. **Cell phones should never be used in Mass for calls or texting.** The exceptions are emergencies (big ones, not everyday ones) and if you do use one, please walk out of church to do so. Also, if you are using the phone for readings or prayers, this is appropriate, but try to be discreet.

7. **Don't sit at the end of the pew if you sit down before others.** Rather, sit in the middle so others don't have to climb over you.

8. **When we enter and leave Church, genuflect toward the Tabernacle.** Christ is present for our sake. By allowing our right knee to hit the floor, we acknowledge He is our Lord and God. If someone is physically unable to genuflect, then a bow is sufficient. During Mass, if you pass in front of the altar, bow reverently to the altar.

9. **Please be quiet while in church.** Once you enter the sanctuary – it is not the time or place to visit with those around you. If you must talk do so as quietly and briefly as possible. Remember that your conversation might be disturbing someone who is in prayer, which is much more important.

10. **Prepare your offering before Mass.** Christ tells us not to let your left hand know what your right hand is doing when you make your offering. Keeping the basket while you get your wallet out can sometimes become quite a scene.

11. **No bulletin reading during Mass.** Imagine if you invited a guest to your house and before dinner (or during) they decided to read a magazine instead of talking to you. That is what is happening in God's house when you read the bulletin.

12. **Respect Boundaries others may have.** You might want to hold hands to pray, they may not. They might be sick and not want to shake during the sign of peace. These are all OK. Do not make any unnecessary judgment because they worship differently.

13. **Bow before receiving Holy Communion.** If it is God, then show your respect with a bow of the head. This is an ancient practice that has continued until this day.

14. **Do not receive from the chalice if you are sick.** This is an act of charity and it is not necessary to receive in order to receive the entirety of Jesus' body, blood, soul, and divinity.

15. **Do not leave early.** We should stay to the end of the recession and the hymn that accompanies it, if there is one. While there are certainly exceptions to this guideline, most who leave early don't need to and ought not to.

16. **Pray after Mass, if you feel called to do so.** It is a good custom, though not required, to offer a prayer of thanksgiving after Mass is over.

17. **Leave quietly.** We encourage you to visit with others, but once you are outside of the main sanctuary of the church, so you won't disturb others who want to stay and pray. So, please leave quietly and then visit afterward.

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