



Welcome to HOLY FAMILY PARISH

FEBRUARY 23RD, 2020 – 7TH SUNDAY IN ORDINARY TIME

1451 Strachan Road SE, Medicine Hat, AB T1B-4V3 ~ Phone: 403-527-6933

Email: contact@holyfamilymh.ca ~ Website: www.holyfamilymh.ca ~ Facebook: Medicine Hat Holy Family Parish

Sunday Mass Times: Saturday - 5:00 pm, Sunday - 8:30am, 10:30am & 6:00pm

Reconciliation: Friday 9:30-10:30am & Saturday 3:30-4:45pm

Office Hrs. Monday to Friday - 8:30am – 12:00pm & 1:00pm to 4:30pm - Closed on Holidays

Achieving Holiness and Perfection

7th Sunday in Ordinary Time Year A

Last week we were given the choices to follow Jesus however this week we are invited to achieve something special which every human desires to: holiness and Perfection. This Holiness and Perfection is something ordinary but extra ordinary because it derives from the Heavenly Father: “Be holy as your Heavenly Father is holy” and “Be perfect as your Heavenly Father is perfect”. How to achieve them? Why do we need them when God has already created us in his own image? What if we fail to achieve them? Can we still gain eternal life in spite of our failure? One can have these questions in his/her mind? Why the Word of God is inviting us to reflect on these powerful images/symbols during this week? The life of a disciple is a life of struggle to perfect himself/herself everyday of one’s life. God has created humans as a little less than angels. What do we need in our life to achieve holiness and perfection? First, the Holy Spirit, as St. Paul says, “don’t you know you are a temple of the Holy Spirit?” Secondly, daily reading and reflecting on the Word of God. Thirdly, following the examples of the apostles and saints who struggled everyday to perfect themselves to walk in the footsteps of Jesus. Fourthly, spending time in prayer everyday. Fifthly, sharing our lives with others who are poor, marginalized and rejected. Soon we will begin our Lenten season which invites us to repent, prayer, fasting and showing charity to others. This season is a season of mutual relationship with the Lord who carried our sins upon himself that we may be saved. So, let’s work to achieve holiness and perfection so that our lives may become pleasing to the Lord.



Holiness &
Perfection

PARISH UPCOMING EVENTS & INTENTIONS

SUNDAY, FEBRUARY 23, 2020

7TH SUNDAY IN ORDINARY TIME

- Shannon's Choir Practice @ 8:00am
- **Mass 8:30am** (Intention: George Zacher †)
- **Mass 10:30am** (Intention: John & Veronica Bosch)
- Coffee Time 11:30am HFP Hall
- Maria's Choir Practice 5:00pm
- **Mass 6:00pm** (Intention: Annette Geisler †)
- K of C 2:00 - 4:00pm HFP Hall

MONDAY, FEBRUARY 24, 2020

- **Mass 9:00am** (Intention: Holy Family Parish)
- Prayer & Praise 7:00pm Chapel
- CWL Executive Meeting 7:00pm Hope Room

TUESDAY, FEBRUARY 25, 2020

SHROVE TUESDAY

- Office Closed 9:00-10:30am Staff Meeting
- Exercise Class 10:00am Faith Room
- SSVP Meeting 4:00pm St Patrick's Parish
- **Mass 6:30pm** (Intention: John Hammel †) followed by Adoration until 8:00pm
- Singles Planning Meeting 7:00pm Hope Room

WEDNESDAY, FEBRUARY 26, 2020

ASH WEDNESDAY

- **Mass 9:00am** (Intention: Cornelia Van Bergen †)
- Breakfast following Mass HFP Hall
- Bible Study 9:30am Faith Room
- Chinook Village 10:00am Communion Service
- Sunnyside 1:30pm Communion Service
- **Masterpiece 3:00pm Mass**
- **Good Sam's 3:30pm Mass**
- **Mass 6:30pm** (Intention: Garry & Rita Sehn †)
- RCIA 7:00pm Faith Room
- Light Weigh 7:00 pm Hope Room

THURSDAY, FEBRUARY 27, 2020

- Men Pray 6:30am Charity Room
- **Mass 9:00am** (Intention: George Erik †)
- Breakfast following Mass HFP Hall
- Exercise Class 10:00am Faith Room
- **Holy Hour 6:00pm**
- Parish Pastoral Committee 6:00pm Hope Room
- Sally's Choir Practice 6:30pm

FRIDAY, FEBRUARY 28, 2020

- **Mass 9:00am** (Intention: Katherine Zacher) followed by Adoration & Reconciliation until 10:30am
- Breakfast following Mass HFP Hall
- Meadowlands 10:00am Communion Service
- **Wellington 10:00am Mass**
- **Stations of the Cross 6:00pm** followed by the Poverty Meal in the Hall
- **12 Hour Adoration 8:00pm to 8:00am**
- **Reconciliation 8:00pm to Midnight**

SATURDAY, FEBRUARY 29, 2020

- **Adoration 7:30am Chapel**
- TMIY 8:00am HFP Hall
- **Mass 8:30am** (Intention: Amara Hellman)
- Benedictine's Group 9:30am Hope Room
- **Reconciliation 3:30pm – 4:45pm**
- Jeanne's Choir Practice 4:00pm

1ST SUNDAY OF LENT

- **Mass 5:00pm** (Intention: Melanie Hand †)

SUNDAY, MARCH 1, 2020

1ST SUNDAY OF LENT

- Shannon's Choir Practice @ 8:00am
- **Mass 8:30am** (Intention: Adam Schafer †)
- **Mass 10:30am** (Intention: Anthony Hertz † & Edward Hertz †)
- Coffee Time 11:30am HFP Hall
- Maria's Choir Practice 5:00pm
- **Mass 6:00pm** (Intention: Josephine Klein †)

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IMPORTANT: Do not sign up as an individual. Our parish access code provides more content than an individual subscription and it costs you nothing!

NEWS.CalgaryDiocese.ca

WHAT'S HAPPENING in the DIOCESE.

<https://www.catholicyc.ca/news.html>

OPERATING FINANCES

February 13 - 20, 2020

Operating Budget 2020	\$ 15,000
General Envelope Collection	\$ 10,492
Loose Collections	\$ 656
Future Development	\$ 1,270
Shortfall	-\$ 3,582
SPECIAL COLLECTIONS	
Together in Action (TIA)	\$ 705
St Vincent de Paul	\$ 798
Youth Ministry	\$ 180
Seminary Fund	\$ 50
World Missions	\$ 34
Mission Mexico	\$ 89
CARO	\$ 10
Food Bank	\$ 60

**2020 TIA GOAL – \$71,214
TO DATE \$ 7,833 = 11% OF THE WAY**

Thank You for your Generous Contributions

**PLEASE PRAY FOR THE SOULS
OF OUR DEARLY DEPARTED
JOSEPHINE STODALKA
LLOYD HELLMAN**



**PLEASE PRAY FOR THE SICK
HELEN MEHLER
JOHANNA KAMBEITZ**

**CONGRATULATIONS TO ALL
THOSE WHO RECEIVED SACRAMENTS...
BAPTISM
CONOR BRANDON DANIELSON**

**WEDNESDAY, FEB 26 @ 6:30PM
ASH WEDNESDAY MASS
FOLLOWING MASS...
TOPIC: LIVING LENT**



Coffee Time after Sunday's
10:30am Mass



FEATURED MINISTRY

Knights of Columbus

Nearly 2 million members of the Knights of Columbus form the largest fraternal group in existence. As Knights, we serve our parish and community while striving each day to create a better world through charity. If you are an adult male looking to live out your faith in the spirit of charity by helping others, we encourage you to join our council from Holy Family Parish. Single & married Knights and their wives & families have the opportunity to become involved in our council's charitable, faith based and social programs and events. As a member of our brotherhood, you will be encouraged and supported to strengthen your faith and will be given many opportunities to put your faith into action. While doing so, you will form friendships with fellow Knights that can last a lifetime. We invite you to check us out and to join our council to help make a difference in our parish, our community and in the world at large.

Ron Pisoni 403-526-1848

ron.pisoni@mhcbe.ab.ca

**PRAVER
& Praise**

Next Prayer &
Praise on Monday,
February 24th, at
7:00pm in the
Chapel.

TMIY
THAT MAN IS YOU!
BECOMING A MAN AFTER GOD'S OWN HEART

THAT MAN IS YOU
Saturday Feb 29, 2020

8:30-9:30 am HFP Hall

Theme: The Wounding of The Heart

Income Tax Receipts have been mailed out if you did not pick them up. Next year please remember to pick them up to save the church money.

SACRAMENTS

1st Eucharist / Communion

Parent Meeting – Thursday Mar. 5th 6:30pm

Faith Room at Holy Family

Session 2 – Saturday Mar. 7th 4:30pm to

6:00pm in St. Patrick's Church hall or

Sunday Mar. 8th from 10:00am

to 11:30am in Holy Family Faith Room

1st Communion Retreat for Candidates

Saturday March 28th Holy Family Church

9:30am-12:00pm

Confirmation

Session 2 Thursday Mar. 5th from 4:30pm –

5:50pm at Holy Family in the Faith Rm

or Saturday Mar. 7th from

3:30pm – 4:50pm Holy Family Faith Rm.

NOTE: Sign-up sheets for service projects will be made available at the sessions. Please have your child look over the choices and sign-up if they would like to participate.

ATTENTION YOUNG PEOPLE!!!

On the last Sunday of every month starting

March 29 we're inviting

any young people from

Grade 2 and up to help

lead in song at the

10:30am mass at Holy

Family Parish. Choir practice will be held

Thursday March 26th from 6:30pm to 7:30pm.

If your child is interested, please email Sally Myers

at sac.prep@holymfamilymh.ca and include your

child's name, age, and phone number where you

can be reached!



DID YOU ATTEND THE MARRIAGE VOW RENEWAL?

If you attended the Marriage Vow Renewal last

weekend with the Bishop at Holy Family Parish

and did not register your names, please email the

office with your names and date of marriage so

you can receive a certificate from the Diocese.

FROM THE KITCHEN

Parishioners please check your cupboards as the

kitchen is missing one 7-quart stainless steel

cooking pot and 4 knives from our butcher block.

Also, if you know where several tea carafes have

gone as they have been missing for some time.

Mark your calendar please. Cleaning of the kitchen cupboards and fridges as well as the hall tables and chairs will be held Tuesday, March 17 at 9 am Everyone Invited.

Please call Loraine if you have any questions. 403 977 5505. Thanks

CHRISTIAN SINGLES GROUP

There will be a planning meeting for anybody

interested in being involved in the Singles Group.

The meeting will be on Tuesday, February 25th at

7:00pm in the Hope Room.

STATIONS OF THE CROSS & ADORATION

The Stations of the Cross will be each Friday of

Lent at 6:00pm followed by the Poverty Meal of

Meatless Soup and Buns. There will also be

Stations of the Cross on the Monday of Holy Week

at 7:00pm, no soup & buns at this

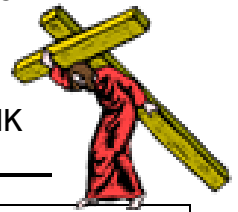
one. Please sign up if you can give

a pot of meatless soup or a dozen

buns on any of the Fridays in Lent.

Sign-up sheet is in the foyer. THANK

YOU!



Feb 28 – 6pm	Pastoral Care Ministry
Mar 6 – 6pm	Knights of Columbus
Mar 13 – 6pm	Filipino Community
Mar 20 – 6pm	Seeds of the Word Nuns from Calgary
Mar 27 – 6pm	RCIA
Apr 3 – 6pm	Parish Pastoral & Finance Committees
Apr 6 – 7pm	CWL

RECOVERING THE ALLELUIA OF EASTER!

A LENTEN MISSION ON THE GREAT TRIDUUM

conducted by

Archbishop Emeritus Sylvain Lavoie OMI

The season of Lent is a forty-day preparation to

celebrate Easter, the greatest feast of the

liturgical year. For many, the power of this special

time has faded. Liturgically, the Holy Week

celebrations, from Thursday to Easter Sunday,

form one great liturgy traditionally called the

Triduum. This three-evening Lenten mission will

help us experience Lent as a spiritual journey to

the new life of Easter by exploring the deeper

meaning of this great Paschal Mystery or Triduum.

With the help of keynote presentations, prayer,

powerful biblical art, music, song, ritual and

fellowship, this retreat will help participants recover the vibrant dynamism of our faith in Jesus as Risen Lord. Expect an informative, formative and transformative experience.

**Monday, March 2nd to Wednesday, March 4th
St. Patrick's Parish**

**Mass at 8:30am followed by Mission at 9:00am
Holy Family Parish**

**Mass at 6:30pm followed by Mission at 7:00pm
Free Will Offering at Wednesday's Mission.**

Archbishop Emeritus Sylvain Lavoie, of the Archdiocese of Keewatin-The Pas, is a missionary Oblate who has spent over 40 years ministering among the Indigenous peoples of north-central Canada. His ministry includes conducting workshops and retreats on Indigenous ministry, spirituality, addictions awareness, faith renewal, healing and presenting Advent/Lenten missions. Past chair of committees on Indigenous ministry for both the Oblates and the Western Canadian bishops, he is now president of the board for St. Dismas House Society, seeking to create a safe transition house for inmates on their way to treatment for addictions. Archbishop Lavoie presently serves as chaplain and spiritual director at the Star of the North Retreat Centre in St. Albert, Alberta. He has authored four books: *Drumming from Within*, *Together We Heal*, *Walk A New Path* and *Still Green and Growing*.

EUCCHARISTIC ADORATION & RECONCILIATION

Jesus, through his Church that He started, gives Himself to us in the Eucharist at Mass. We Also have the grace of Eucharistic Adoration, Where our Lord in the veiled presence of the Blessed Sacrament. Sign up at back of church as we need at least two people present or Just come in.

February 28 - 8pm to February 29 - 8am

March 6 - 8pm to March 7 - 8am

March 13 - 8pm to March 14 - 8am

March 20 - 8pm to March 21 - 8am

March 27 - 8pm to March 28 - 8am

April 3 - 8pm to April 4 - 8am

**Reconciliation will be offered from 8pm to
Midnight as well.**

This will be every Friday night to Saturday morning during Lent followed by Mass at 8:30am.

HOLY FAMILY RETREAT

Come join us at Holy Family, March 21st for a Church retreat. Speakers from Calgary (Seeds of the Word) will be here to give inspirational talks. Everyone is welcome to attend. We look forward to seeing you there. Time of the retreat will be 9am till 1pm. More information to follow.

LENTEN PENITENTIAL SERVICE

Holy Family Parish

Wednesday, April 1, 2020 7:00 to 9:00pm

St. Patrick's Parish

Thursday, April 2, 2020 7:00pm to 9:00pm

Parish. The first **Choir Practice** will be held

Thursday, March 26th from 6:30pm to 7:30pm. If your child is interested, please email Sally Myers at sac.prep@holyfamilymh.ca and include your child's name, age, and phone number where you can be reached!



KNIGHTS OF COLUMBUS

Kindly notify your Financial Secretary of any address changes, phone changes, or email address change. Our Council sends out our Knights Newsletter about 5 times per year, we are trying to use electronic circulation as much as possible to reduce our costs. If you are getting the newsletter via regular mail and have an email address kindly contact me Patrick Ries at 403-527-8915 or pjries@memlane.com Thank You for your cooperation.

CATHOLIC HOME SCHOOL CONFERENCE

All parents & young adults are welcome to attend the Western Canadian Catholic Home School Conference, March 12-14 at Providence Renewal Centre, Edmonton. Theme: Restoring Catholic Culture. Includes daily Mass, Adoration & Benediction. Highlight: Home Schooling Information Social AND Youth Program on Friday night. Infor: www.wcchsc.net – Veronica 1-780-467-8410 or email wccchsc@shaw.ca

WORLD DAY OF PRAYER – FRIDAY, MARCH 6

“RISE! TAKE YOUR MAT AND WALK”

The 2020 World Day of Prayer is being hosted by St. Barnabas Anglican Church.

Choir Practice Tuesday, Feb 25 @ 6:30pm

Readers Practice Tuesday, Feb 25 @ 7:30pm

For more information <https://wicc.org/world-day-of-prayer/>

MULTIPLE HEALING & PRAYER WORKSHOPS

Saturday, March 07th, 2020 (9:00 a.m. to 3:30 p.m.), at St. Basils Catholic Church, Parish Hall, 604 – 13 Street North, Lethbridge, Alberta, Workshops: There will be multiple workshops during the day on a variety of topics dealing with Healing and Prayer. Registrations Email: rsjfabbi@gmail.com or call Ken at 403-331-8923.



The Society of St. Vincent de Paul responded actively to an average of 11 requests for assistance each week

from Jan. 7th – Feb. 18th this year. From Jan 7th – Feb. 11th, we were able to assist 22 families, 57 adults and 31 children. The needs have significantly increased, and our funds are rapidly decreasing. We rely solely on donations and we are very grateful to our supporters.

If you are able to assist with a one-time donation or prefer to donate weekly or monthly, we deeply appreciate your help.

Thank you, and please pray for our volunteers as well as those who need assistance in our community. God bless you.

Teresa often used to say – then the fruit of distrust is apathy and resignation. Distrust, apathy and resignation: these are demons that deaden and paralyze the soul of a believing people. Lent is the ideal time to unmask these and other temptations, to allow our hearts to beat once more in tune with the vibrant heart of Jesus. The whole of the Lenten season is imbued with this conviction, which we could say is echoed by three words offered to us in order to rekindle the heart of the believer: *pause, see and return*. Pope St. Clement I opens our minds to understand the real meaning of Lent with these words “*If we review the various ages of history, we will see that in every generation the Lord has offered the opportunity of repentance to any who were willing to turn to him. When Noah preached God’s message of repentance, all who listened to him were saved. Jonah told the Ninevites they were going to be destroyed, but when they repented, their prayers gained God’s forgiveness for their sins, and they were saved, even though they were not of God’s people. In other words, God wanted all his beloved ones to have the opportunity to repent and he confirmed this desire by his own almighty will. That is why we should obey his sovereign and glorious will and prayerfully entreat his mercy and kindness. We should be suppliant before him and turn to his compassion, rejecting empty works and quarrelling and jealousy which only lead to death. The Season of Lent is to pause a little to see who we are and where are we heading and return back to the Lord “As I live, says the Lord, I do not wish the death of the sinner but his repentance”.* He added this evidence of his goodness: *House of Israel, repent of your wickedness. Tell the sons of my people: If their sins should reach from earth to heaven, if they are brighter than scarlet and blacker than sackcloth, you need only turn to me with your whole heart and say, “Father,” and I will listen to you as a holy people”.* Once again St. Pope Clement I said: “we should be humble in mind, putting aside all arrogance, pride and foolish anger. Rather, we should act in accordance with the Scriptures, as the Holy Spirit says: *The wise man must not glory in his wisdom nor the strong man in his strength nor the rich man in his riches. Rather, let him who glories glory in the Lord by seeking him and doing what is right and just”.* Let this season provide us a little time to pause, see and return so that our lives may become pleasing to the Lord.



Ash Wednesday Masses

February 26, 2020 9:00am & 6:30pm

Humility & Repentance

We begin our Season of Lent by having ashes on our foreheads with the words “Remember you are dust and unto dust you shall return”. As Pope Francis said “The season of Lent is a favourable time to remedy the dissonant chords of our Christian life and to receive the ever new, joyful and hope-filled proclamation of the Lord’s Passover. The Church in her maternal wisdom invites us to pay special attention to anything that could dampen or even corrode our believing heart. We are subject to numerous temptations. Each of us knows the difficulties we face. And it is sad to note that, when faced with the ever-varying circumstances of our daily lives, there are voices raised that take advantage of pain and uncertainty; the only thing they aim to do is sow distrust. If the fruit of faith is charity – as Mother

+ ASH +
= Wednesday =