



Welcome to HOLY FAMILY PARISH

MARCH 1ST, 2020 – 1ST SUNDAY OF LENT

1451 Strachan Road SE, Medicine Hat, AB T1B-4V3 ~ Phone: 403-527-6933

Email: contact@holyfamilymh.ca ~ Website: www.holyfamilymh.ca ~ Facebook: Medicine Hat Holy Family Parish

Sunday Mass Times: Saturday - 5:00 pm, Sunday - 8:30am, 10:30am & 6:00pm

Reconciliation: Friday 9:30-10:30am & Saturday 3:30-4:45pm

Office Hrs. Monday to Friday - 8:30am – 12:00pm & 1:00pm to 4:30pm - Closed on Holidays

"If You are?" VS "It is Written"

1st Sunday of Lent - Year A

Once four monks were spending a couple of days in a cabin. In the evening they decided to tell each other their biggest temptation. The first monk said, "Well, it's kind of embarrassing, but my big temptation is bad pictures. Once I even bought a copy of the *Sports Illustrated* Swimsuit Edition." "My temptation is worse," said the second monk. "It's gambling. One Saturday instead of preparing my reflection I went to the racetrack to bet on the ponies." "Mine is worse still," said the third monk. "I sometimes can't control the urge to drink. One time I actually broke into the sacred wine." The fourth monk was quiet. "Brothers, I hate to say this," he said, "but my temptation is worst of all. I love to gossip and judge other people. Sometimes I have pride and I feel as if I'm better than other people.

Well we all have temptations in our lives; small or big temptations are there. Temptations expose our true self. We are nowhere near as strong as we think. It's a good thing to recognize one's weakness. It is part of our common humanity. Our common humanity, however, has an unattractive side: As we heard in the first reading... ever since our first parents reached for the forbidden fruit, we humans have developed an almost unlimited capacity to deceive and allow ourselves to be deceived. When we want something badly, we easily fall into self-deception. Temptation. When we give in to temptation, when we sin, we go it alone. At first a person feels like he/she is freeing himself/herself from restraints, but in fact he/she is falling into bondage. On the other hand, to resist temptation requires God's help. It takes humility to ask for help, but in the end, it leads to freedom. Once a mystic said: "If you can't walk on water, you are no better than a straw. If you can't fly in the air, you are no better than a fly. But if you can't resist temptation, you can't conquer the universe." Genuine power, real strength, comes from resisting temptation by God's grace. In today's Gospel, the words of the Devil: "If You are" are very powerful to tempt us everyday. These words are full of pride and self deception. When the devil tempted Jesus, he used these words, but he failed to tempt him. However, on the other hand, the words of Jesus: "It is Written" reveals his humility and trust in his Father. Jesus alone experienced the full force of temptation. You and I are like plants that waver according to the way the wind blows. But Jesus is like a Mighty Oak with no internal decay. He alone has withstood the full power of temptation. The temptations occurred at the inauguration of Jesus public ministry so that - in his humanity - he could take power over those temptations. We are weak, but each time we stand with Jesus, each time we resist temptation, we gain power. That power ultimately does not belong to us, but to God because we store this treasure in clay pots. The power is real, but when we think it is our own, we set ourselves up for a big fall. With that in mind let's review the three purposes of temptation: Humility: to expose one's real self. Trust: to entrust one's self to God. Strength: by God's grace to take power away from temptation. Let's examine ourselves to see which words we like to follow "If you are" as Adam and Eve did or "It is Written" to show our humility and trust in the Lord to overcome our temptation. St. Paul reminds us to trust in the Lord: "No testing has overtaken you that is not common to everyone. God is faithful, and he will not let you be tested beyond your strength, but with the testing he will also provide the way out so that you may be able to endure it" (1 Corinthians 10:13). Let's make this sacred season of Lent a beautiful reminder to Always Trust in the Lord.

PARISH UPCOMING EVENTS & INTENTIONS

SUNDAY, MARCH 1, 2020

1ST SUNDAY OF LENT

- Shannon's Choir Practice @ 8:00am
- **Mass 8:30am** (Intention: Adam Schafer †)
- **Mass 10:30am** (Intention: Anthony Hertz † & Edward Hertz †)
- Coffee Time 11:30am HFP Hall
- Maria's Choir Practice 5:00pm
- **Mass 6:00pm** (Intention: Josephine Klein †)

MONDAY, MARCH 2, 2020

- **Mass 6:30pm** (Intention: Holy Family Parish) followed by the **Lenten Mission**.
- K of C Executive Meeting 7:00pm Hope Room

TUESDAY, MARCH 3, 2020

- Office Closed 9:00-10:30am Staff Meeting
- Exercise Class 10:00am Faith Room
- SSV Meeting 4:00pm St Patrick's Parish
- **Mass 6:30pm** (Intention: Michael Hertz Sr † & Michael Hertz Jr. †) followed by the **Lenten Mission**

WEDNESDAY, MARCH 4, 2020

- **Mary Devotion 8:00am Chapel**
- Bible Study 9:30am Faith Room
- **Chinook Village 10:00am Mass**
- Sunnyside 1:30pm Communion Service
- **Masterpiece 3:00pm Mass**
- **Good Sam's 3:30pm Mass**
- **Mass 6:30pm** (Intention: Tina Hertz †) followed by the **Lenten Mission**
- RCIA 7:00pm Lenten Mission and then Faith Room
- Light Weigh 7:00 pm Hope Room

THURSDAY, MARCH 5, 2020

- Men Pray 6:30am Charity Room
- **Mass 9:00am** (Intention: Don Zahn †)
- Breakfast following Mass HFP Hall
- Exercise Class 10:00am Faith Room
- **Holy Hour 6:00pm**
- 1st Communion Parent's Meeting 6:30pm Faith Room
- Sally's Choir Practice 6:30pm

FRIDAY, MARCH 6, 2020

- **Mass 9:00am** (Intention: Angelo & Dorothy Giacobbo †) followed by **Adoration & Reconciliation until 10:30am**

- Breakfast following Mass HFP Hall
- Meadowlands 10:00am Communion Service
- **Wellington 10:00am Mass**
- **Stations of the Cross 6:00pm** followed by the Poverty Meal in the Hall
- **12 Hour Adoration 8:00pm to 8:00am**

SATURDAY, MARCH 7, 2020

- **Adoration 7:30am Chapel**
- TMIY 8:00am HFP Hall
- **Mass 8:30am** (Intention: Anton & Dorothea Hertz †)
- Benedictine's Group 9:30am Hope Room
- K of C 11:00am HFP Hall
- Confirmation Class 3:00pm Faith Room
- **Reconciliation 3:30pm – 4:45pm**
- Jeanne's Choir Practice 4:00pm
- 1st Communion Class 4:30pm St, Patrick's Parish Hall

2ND SUNDAY OF LENT

- **Mass 5:00pm** (Intention: Jacob & Katharina Schmaltz †)

SUNDAY, MARCH 8, 2020

2ND SUNDAY OF LENT

DAYLIGHT SAVINGS TIME BEGINS

- Shannon's Choir Practice @ 8:00am
- **Mass 8:30am** (Intention: Anthony Kollman †)
- 1st Communion Class 10:00am Faith Room
- **Mass 10:30am** (Intention: Garry & Rita Sehn †)
- Coffee Time 11:30am HFP Hall
- Maria's Choir Practice 5:00pm
- **Mass 6:00pm** (Intention: Deanne Torgerson †)

FORMED.org

THE CATHOLIC FAITH.
ON DEMAND.

LOG IN WWW.FORMED.ORG

- Go to Formed.org
- Enter our PARISH CODE: **GPQWK7**
Create a personal account with your personal username/email and password.
- Start enjoying the best Catholic content all in one place!
IMPORTANT: Do not sign up as an individual. Our parish access code provides more content than an individual subscription and it costs you nothing!

NEWS.CalgaryDiocese.ca

WHAT'S HAPPENING in the DIOCESE.

<https://www.catholicyc.ca/news.html>

OPERATING FINANCES

February 20 - 27, 2020

Operating Budget 2020	\$ 15,000
General Envelope Collection	\$ 10,513
Loose Collections	\$ 776
Future Development	\$ 599
Sale of Church Supplies	\$ 157
Shortfall	-\$ 2,707
SPECIAL COLLECTIONS	
Together in Action (TIA)	\$ 418
St Vincent de Paul	\$ 769
Seminary Fund	\$ 125
World Missions	\$ 44
Mission Mexico	\$ 89
CARO	\$ 10
Food Bank	\$ 60
Clergy Retirement	\$ 100
Loonies for Lent	\$ 370
Ash Wednesday	\$ 85

2020 TIA GOAL – \$71,214

TO DATE \$ 8,251 = 12% OF THE WAY

Thank You for your Generous Contributions

PLEASE PRAY FOR THE SOULS

OF OUR DEARLY DEPARTED

JOSEPHINE STODALKA

TONY HEPHNER

JOHN HITTEL

PLEASE PRAY FOR THE SICK

AGNES KNODEL

CONGRATULATIONS TO ALL
THOSE WHO RECEIVED SACRAMENTS...

BAPTISM

GRAYSON FRANCIS BAUER



WEDNESDAY, MARCH 4TH

@ 6:30PM

PARISH LENTEN MISSION



FEATURED MINISTRY

Lectors

Lectors play a critical role in the celebration of the Mass by proclaiming (not reading or reciting) the Word of God. Since they proclaim not just any word, but the Word of God, it is essential that they develop the spirituality and skills required to communicate God's message competently.

In becoming a Lector, you are accepting the responsibility to do your best, to practice, to make frequent self-evaluations, to deepen your understanding of God's Word, to deepen your prayer life and to continually look for ways to improve your ability to proclaim. Through your own sacrifice of time, effort, preparation and prayer, God's Word continues to become alive again and again. It is a very humbling and rewarding ministry!

Become a Lector – For those interested in becoming a lector, training is required and provided.

Pat Weisgerber 403-526-9729

patiw@telusplanet.net

PRAYER
& Praise

Next Prayer & Praise
on Monday, March
9, at 7:00pm in the
Chapel.

TMIY

THAT MAN IS YOU!
BECOMING A MAN AFTER GOD'S OWN HEART

THAT MAN IS YOU
Saturday March 7, 2020

8:30-9:30 am HFP Hall

Theme: Fruitfulness in Christ

FROM THE KITCHEN

Mark your calendar please. Cleaning of the kitchen cupboards and fridges as well as the hall tables and chairs will be held Tuesday, March 17 at 9 am
Everyone Invited.

Please call Loraine if you have any questions.

403 977 5505. Thanks

CHILDREN'S / YOUTH CHOIR
ATTENTION YOUNG PEOPLE!!!

On the last Sunday of every month starting March 29 we're inviting any young people from Grade 2 and up to help lead in song at the 10:30am mass at Holy



Family Parish. Choir practice will be held Thursday March 26th from 6:30pm to 7:30pm. If your child is interested, please email Sally Myers at sac.prep@holymfamilymh.ca and include your child's name, age, and phone number where you can be reached!

STATIONS OF THE CROSS & ADORATION

The Stations of the Cross will be each Friday of Lent at 6:00pm followed by the Poverty Meal of Meatless Soup and Buns. There will also be Stations of the Cross on the Monday of Holy Week at 7:00pm, no soup & buns at this one. Please sign up if you can give a pot of meatless soup or a dozen buns on any of the Fridays in Lent. Sign-up sheet is in the foyer. THANK YOU!



Mar 6 – 6pm	Knights of Columbus
Mar 13 – 6pm	Filipino Community
Mar 20 – 6pm	Seeds of the Word Nuns from Calgary
Mar 27 – 6pm	RCIA
Apr 3 – 6pm	Parish Pastoral & Finance Committees
Apr 6 – 7pm	CWL

RECOVERING THE ALLELUIA OF EASTER!
A LENTEN MISSION ON THE GREAT TRIDUUM
 conducted by

Archbishop Emeritus Sylvain Lavoie OMI
 The season of Lent is a forty-day preparation to celebrate Easter, the greatest feast of the liturgical year. For many, the power of this special time has faded. Liturgically, the Holy Week celebrations, from Thursday to Easter Sunday, form one great liturgy traditionally called the Triduum. This three-evening Lenten mission will help us experience Lent as a spiritual journey to the new life of Easter by exploring the deeper meaning of this great Paschal Mystery or Triduum. With the help of keynote presentations, prayer,

powerful biblical art, music, song, ritual and fellowship, this retreat will help participants recover the vibrant dynamism of our faith in Jesus as Risen Lord. Expect an informative, formative and transformative experience.

Monday, March 2nd to Wednesday, March 4th
St. Patrick's Parish

Mass at 8:30am followed by Mission at 9:00am
Holy Family Parish

Mass at 6:30pm followed by Mission at 7:00pm
Free Will Offering at Wednesday's Mission.

Archbishop Emeritus Sylvain Lavoie, of the Archdiocese of Keewatin-The Pas, is a missionary Oblate who has spent over 40 years ministering among the Indigenous peoples of north-central Canada. His ministry includes conducting workshops and retreats on Indigenous ministry, spirituality, addictions awareness, faith renewal, healing and presenting Advent/Lenten missions. Past chair of committees on Indigenous ministry for both the Oblates and the Western Canadian bishops, he is now president of the board for St. Dismas House Society, seeking to create a safe transition house for inmates on their way to treatment for addictions. Archbishop Lavoie presently serves as chaplain and spiritual director at the Star of the North Retreat Centre in St. Albert, Alberta. He has authored four books: *Drumming from Within*, *Together We Heal*, *Walk A New Path* and *Still Green and Growing*.

EUCCHARISTIC ADORATION

Jesus, through his Church that He started, gives Himself to us in the Eucharist at Mass. We Also have the grace of Eucharistic Adoration, Where our Lord in the veiled presence of the Blessed Sacrament. Sign up at back of church as we need at least two people present or Just come in.

February 28 - 8pm to February 29 - 8am

March 6 - 8pm to March 7 - 8am

March 13 – 8pm to March 14 – 8am

March 20 – 8pm to March 21 – 8am

March 27 – 8pm to March 28 – 8am

April 3 – 8pm to April 4 – 8am

This will be every Friday night to Saturday morning during Lent followed by Mass at 8:30am.

**Coffee Time after Sunday's
 10:30am Mass**



HOLY FAMILY RETREAT

Come join us at Holy Family, March 21st for a Church retreat. Speakers from Calgary (Seeds of the Word) will be here to give inspirational talks. Everyone is welcome to attend. We look forward to seeing you there. Time of the retreat will be 9am till 1pm. More information to follow.

LENTEN PENITENTIAL SERVICE

Holy Family Parish

Wednesday, April 1, 2020 7:00 to 9:00pm

St. Patrick's Parish

Thursday, April 2, 2020 7:00pm to 9:00pm

Parish. The first **Choir Practice will be held Thursday, March 26th from 6:30pm to 7:30pm.** If your child is interested, please email Sally Myers at sac.prep@holyfamilymh.ca and include your child's name, age, and phone number where you can be reached!



CATHOLIC WOMEN'S LEAGUE

CWL is sponsoring the collection items for Nurture Support for the month of March. There will be baskets in the front entrance of the church. They are in need any new outfits infant to size 12, socks, Baby toys, rattles, bibs, shampoo, baby wash, lotions, Diapers etc.. Also any baby related items in sizes 12 month to size 4 new or slightly used.

AND

If you have forgotten to pay your CWL Dues, please drop them off at the office or put them in the collection basket. Clearly mark your envelope with your name and "CWL DUES" with the \$25.00 enclosed. If you have had a change of address or phone number please include it. We greatly appreciate your swift attention to this matter. Thank You!



KNIGHTS OF COLUMBUS

Kindly notify your Financial Secretary of any address changes, phone changes, or email address change. Our Council sends out our Knights Newsletter about 5 times per year, we are trying to use electronic circulation as much as possible to reduce our costs. If you are getting the newsletter via regular mail and have an email address kindly contact me Patrick Ries at 403-527-8915 or pjries@memlane.com Thank You for your cooperation.

AND

KNIGHT OF COLUMBUS NEW EXEMPLIFICATION CEREMONY

The Knights of Columbus will be introducing our new exemplification program which is replacing the former 1st, 2nd and 3rd degrees and will be put into one ceremony. Since it is now open to the public we would like to invite the parish to join us. It will take place on Saturday March 7th at 11:00 am in the parish hall.

EXERCISE DROP-IN

The exercise drop-in class at St. Patrick's Parish will be ending at the end of March as it is not worth it for the number of people using it. The classes at Holy Family Parish will continue as is. Tuesday and Thursday mornings at 10:00am in the Faith Room.

BUS TRANSPORTATION UPDATE

Holy Family Parish, in cooperation with the Knights of Columbus and the Catholic Women's League Hat operate a transportation service for parishioners who need a ride to mass on Sundays. Transportation is available for regular, walker and wheelchair users.

A City bus picks up passengers for the 10:30 mass each Sunday from various points throughout the City. A return trip costs \$5.

Please contact the office at 403 527 6933 if you are interested in using this service.

Bus passes and bus schedules will be available from the hospitality desk at 10:30 masses.

"WE ARE NOT ALONE" SINGLES GROUP

The next planning meeting will be on **March 20** after Stations of the Cross! We need your input! "We Are Not Alone" Singles Social Evening will be held this spring with a prayer service, followed by a social in the Hall. All 18 yrs. of age and over are invited! Further information to follow once it becomes available! Mark your calendars!

WORLD DAY OF PRAYER – FRIDAY, MARCH 6

"RISE! TAKE YOUR MAT AND WALK"

The 2020 World Day of Prayer is being hosted by St. Barnabas Anglican Church.

For more information <https://wicc.org/world-day-of-prayer/>

2020 Southern Alberta
Conference on the Family
 Strengthening Our Families
 Thursday March 19, 2020 7:00pm - 9:00pm
 at the Medicine Hat Lodge - Ballroom D

Author and Radio Host:
Jonathon Van Maren
Every Life is Valuable
 Keynote Speaker

Bruce Hill, LL.B
Living Wills and Personal Directives

Medicine Hat Lodge
 Ballroom D
 Medicine Hat, Alberta

Free Admission
 For more information and to register:
www.conferenceonthefamily.com



Please be aware that some emails are being sent from scammers claiming to be some of our priests and office staff. Names are being pulled from parish and diocesan websites to create fake email (often Gmail) accounts. There have also been fake text messages being sent.

You will notice the email address may have some correct info, though in an unfamiliar form with additional characters, numbers or periods. Most will ask you to contact them or send information.

Please do not reply to any suspicious emails. **If you are in doubt, contact the person the email is claiming to be from using an alternate contact method (do not reply to the suspicious email).**

Also note: At no time will our priests, deacons, religious or staff contact you seeking Google Play cards, iTunes cards or any other form of personal financial assistance.

Let's think about Summer
 Make sure to mark your calendars...
 for the 2020 Bible Camp
 July 6-10th 2020
 At St. Patrick's Parish

SAINTS ALIVE VACATION BIBLE CAMP
 We are having a planning meeting for all volunteers for the Saints Alive Vacation Bible Camp on Thursday, March 19, 2020 at 7:00pm in the God Time Room at St. Patrick's Parish.
 If you are interested in getting involved in this fun ministry, please attend the meeting.

EVERYBODY PLEASE READ