

# HOLY FAMILY PARISH

3/2/2013 Fourth Sunday in Ordinary Time



1451 Strachan Road SE, Medicine Hat, AB T1B-4V3

Phone: 403-527-6933 Fax: 403-526-2482

email: [contact@holyfamilymh.ca](mailto:contact@holyfamilymh.ca)

website: [www.holyfamilymh.ca](http://www.holyfamilymh.ca)

Office Hrs: Monday to Friday - 8:30am to 4:30pm

Closed on Statutory Holidays

Calgary Diocesan: [www.rcdiocese-calgary.ab.ca](http://www.rcdiocese-calgary.ab.ca)



**Pastor - Rev. Philip Le**

[frphilip@holyfamilymh.ca](mailto:frphilip@holyfamilymh.ca)

**Associate Pastor -**

**Rev. Matthew Emmelkamp**

[fmatthew@holyfamilymh.ca](mailto:fmatthew@holyfamilymh.ca)

**Deacons:**

**Rev. Mr. Robert Risling**

**Rev. Mr. Bill Schnitzler**

Pastoral Care of the Sick

pager: 403-458-1445

Youth NET Ministry

[medhatcatholicyouth@gmail.com](mailto:medhatcatholicyouth@gmail.com)

Medicine Hat Catholic Youth on Facebook

Mass Times

**Saturday - 5:00 pm**

**Sunday - 8:30am, 10:30am & 6:00pm**

**Reconciliation: Saturday 3:00-4:00pm**



Gospel Acclamation (Luke 4.18-19)

**Alleluia, Alleluia.**

The Lord sent me to bring good news to the poor, to proclaim release to captives.

**Alleluia.**

## Welcome To Holy Family Parish

You have entered this church not as a stranger, but as a guest of God. Being a human, you enter this church as a creature of God; as a baptized person, you enter it as a son or daughter of the Father in Christ. This house of God is therefore your family home. Come in then with humility of mind, joy of heart and thanks on your lips. Acknowledge the Lord's presence in the Tabernacle and adore Him. Come in and pause in prayer in the midst of your busy life and its many worries. Be grateful for those who, for the Glory of God, built this place of worship with faith and sacrifice, and sanctified it with their songs and prayers.

Anyone who wishes to practice the Catholic faith by attending this church may consider this parish as his/her own parish. You simply need to register. Please indicate whether you are a new parishioner or have moved and are providing a new address. Thank you.

Name \_\_\_\_\_  
Spouse \_\_\_\_\_  
Address \_\_\_\_\_  
Postal Code \_\_\_\_\_ Phone \_\_\_\_\_  
Email \_\_\_\_\_



# **FOURTH SUNDAY IN ORDINARY TIME**

**FEBRUARY 2/3, 2013**

## **SUNDAY READINGS**

### **JEREMIAH 1:4-5, 17-19**

A PROPHET LEARNS WHAT IMPORTANT WORK GOD HAS IN STORE FOR HIM. HE WILL PREACH THE WORD BOLDLY NO MATTER WHAT HARDSHIP HE MUST FACE.

### **1 CORINTHIANS 12:31—13:13**

PAUL DESCRIBES CHRISTIAN LIFE. IT IS A MATTER OF LOVING OTHERS IN ALL CIRCUMSTANCES.

### **LUKE 4:21-30**

JESUS DECLARES HIMSELF TO BE THE FULFILLMENT OF ISAIAH'S PROMISE FOR THE RESTORATION OF ISRAEL. THE PEOPLE OF NAZARETH REJECT HIM.

## **OPERATING FINANCES**

### **(January 24-January 31, 2013)**

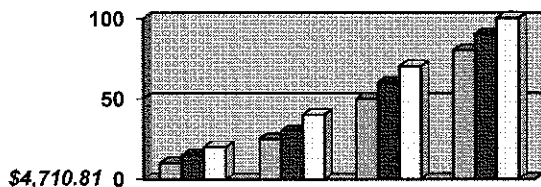
-Cost to operate our Parish (Budget 2013)	\$15,600
-General Collections:	\$1,772
-Debt reduction (Mortgage)	<u>\$12,195</u>
-Total Collections:	\$13,967
-Exceed or (Shortfall)	(\$1,635)

### **Special Collections:**

***Together in Action:.....	\$566
***Clergy Retirement:.....	\$25
***World Missions:.....	\$51
***St Vincent de Paul:.....	\$848
***NET Ministries:.....	\$100
***CARO:.....	\$60
***Mission Mexico:.....	\$5

**Together in Action YTD: \$4,710.81**

**Together In Action**



## **PARISH UPCOMING EVENTS & INTENTIONS**

**DAILY MASS MAY BE CANCELLED**

**IN THE CASE OF A FUNERAL**

### **SUN, FEB 3<sup>RD</sup>**

## **FOURTH SUNDAY IN ORDINARY TIME**

- + **Mass: 8:30am** (Intention: Pati & Lawrence Walin)
- + 1<sup>st</sup> Communion/Reconciliation Class: 10:15am in the Faith Room
- + **Mass: 10:30am** (Intention: Holy Family Parish)
- + Children's Liturgy at 10:30 Mass
- + Library: open after morning Masses
- + Confirmation Class: 5:00pm in the Faith Room
- + **Mass: 6:00pm** (Intention: Giuseppe Sebellin †)
- + UNCHAINED: after 6:00pm Mass in HFP Hall

### **MON, FEB 4<sup>TH</sup>**

- + **Mass-9:00am** (Intention: Heidi Melvin) **ST. BLAISE THROAT BLESSINGS**
- + Knights of Columbus #9502 Executive Meeting: 7:00pm in the Faith Room.
- + Circle of Friends Prayer Group: 7:00pm at St. Joseph's Home

### **TUES, FEB 5<sup>TH</sup>**

## **ST. AGATHA, VIRGIN, MARTYR**

- + SVDP Meeting: 4:00pm at St. Patrick's Church
- + Light Weigh: 7:00pm in the Hope Room
- + **Mass: 7:00pm** (Intention: Fred Pronto †)
- + **Adoration of the Blessed Sacrament:** After Mass until 8:30pm
- + CWL Executive Meeting: after 7:00 Mass in the Faith Room

### **WED, FEB 6<sup>TH</sup>**

## **ST. PAUL MIKI & COMPANIONS, MARTYRS**

- +Women's Praise & Worship: 6:45am in the Faith Room
- + **Mass: 8:00am** at St. Thomas School
- +**Mass: 8:15am** at St. Mary's School
- + **Mass: 9:00am** (Intention: Jim Moreau †)
- + Breakfast after Mass in Hall
- + Bible Study: 9:30am in the Faith Room
- +**Mass: 11:00am** at Monsignor McCoy High School
- + Ministry to the aged: 1:30pm - Sunnyside
- + **Mass: 3:30pm** – Good Samaritans
- + Choir Practice (6pm Mass): 6:00pm
- + RCIA: 7:00pm in the Faith Room

**Thank you for your Generosity and Support!**

## THURS, FEB 7<sup>TH</sup>

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- + Men's Prayer Group: 6:30am in the Charity Room
- + **Mass: 9:00am** (Intention: Nels Wist ☩)
- + Breakfast after Mass in Hall
- + Rosary Guild: 1:30pm in the Charity Room
- + Holy Hour: 6:00pm
- + Choir Practice (8:30&10:30 Mass) 7:00pm

## FRI, FEB 8<sup>TH</sup>

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- + **Mass: 9:00am** (Intention: Joe & Maria Cruz' Deceased Family Members ☩)
- + **Adoration of the Blessed Sacrament:** After Mass until Noon
- + Breakfast after Mass in the Hall
- + Ministry to the aged: 10:00am – The Wellington
- + Ministry to the aged: 10:00am – Meadowlands
- + Seniors Tea: 2:00pm in the Holy Family Parish Hall
- + EQUIP at Holy Family Parish Hall at 7:00pm

## SAT, FEB 9<sup>TH</sup>

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- + That Man is You: 8:30am – St. Patrick's Church Hall
- + Catholic Girls' League: 11:00am in the Faith Room
- + FAMILY FUN DAY: 2:00pm – 4:00pm at Holy Family Parish Hall
- + **Reconciliation:** 3:00 – 4:00pm
- + Confirmation Class: 4:00pm at St. Patrick's Church
- + 1<sup>st</sup> Communion/Reconciliation Class: 4:45pm at St. Patrick's
- + Choir Practice (5pm Mass): 4:00pm
- + Library: open before Mass
- + **FIFTH SUNDAY IN ORDINARY TIME**
- + **Mass: 5:00pm** (Intention: Scott Siemans ☩)

## SUN, FEB 10<sup>TH</sup>

### FIFTH SUNDAY IN ORDINARY TIME

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- + **Mass: 8:30am** (Intention: Madeleine & Wayne Riffel ☩)
- + 1<sup>st</sup> Communion/Reconciliation Class: 10:15am in the Faith Room
- + **Mass: 10:30am** (Intention: Holy Family Parish)
- + Children's Liturgy at 10:30 Mass
- + Library: open after morning Masses
- + Confirmation Class: 5:00pm in the Faith Room
- + **Mass: 6:00pm** (Intention: Cindy Anhorn ☩)
- + UNCHAINED: after 6:00pm Mass in HFP Hall

### EUCCHARISTIC EXPOSITION/ADORATION

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Spare an hour with the Lord...

Tuesday: After 7:00pm Mass until 8:30pm

Thursday: Holy Hour from 6:00pm to 7:00pm

Friday: After 9:00am Mass until Noon

### ST. BLAISE THROAT BLESSING

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February 3<sup>rd</sup> is The Memorial of St. Blaise. On this feast day it is a custom to offer a special blessing of the throat. Because the 3<sup>rd</sup> falls on a Sunday this blessing will be offered at morning Mass on Monday February 4<sup>th</sup>.

## TAX RECEIPTS

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Your 2012 Tax Receipts will be available for pick up this weekend and next weekend in the greeting area.

## JUNIOR CHOIR

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The next Junior Choir Mass is Saturday, February 9<sup>th</sup> at 5:00pm at St. Patrick's Parish. Practice is at 3:45pm on the same day before Mass.



CWL

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The CWL Executive Meeting will be on Tuesday, February 4<sup>th</sup> in the FAITH Room.

Thank You to all that have paid their Membership Dues, it is appreciated. For those still owing please try to get your fees (\$25.00) in as soon as possible. You can mail it to the church, bring it to the monthly meeting or drop it off at the Parish Office or in the Sunday Offering Collection (please indicate what the fees are for!)

2013 Membership Receipts are available for pick up at the Hospitality Desk.

If you have any questions please call Rita at 403-527-7580.

## CATHOLIC GIRLS' LEAGUE

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BRACELETS & PIZZA... Members of the Catholic Girls' League will meet on Saturday, February 9<sup>th</sup> from 11:00 to 12:30 to make rosary bracelets and have a pizza lunch.

NET team will be helping. Girls from 8 to 15 years old are invited to come to the Faith room. If you plan to attend please phone Rita at 403-527-7580.



KNIGHTS OF COLUMBUS

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Knights of Columbus # 9502 Executive Meeting will be on Monday, February 3<sup>rd</sup> in the FAITH Room.

## OLD BLESSED PALMS

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If you have blessed palms or other blessed items and you want to get rid of them please bring them to the parish.

## MORE THAN JUST MASS ON SUNDAY

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Calling all parents of children ages 8 to 12; especially those who do not attend a Catholic School. A group of parents are looking for other families who want their children to have more than just Mass on Sundays. We are planning to come together regularly through Catholic community-based sessions that will help our children grow in and learn about their faith, make new friends and have fun along the way. If you are interested or just curious, please contact Sally Myers; at Holy Family Parish or [sallym@holymfamilymh.ca](mailto:sallym@holymfamilymh.ca).

## **1<sup>ST</sup> COMMUNION/RECONCILIATION & CONFIRMATION CLASSES**

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The next 1<sup>st</sup> Communion/Reconciliation and Confirmation classes will be on February 9<sup>th</sup> at St. Patrick's Church and February 10<sup>th</sup> at Holy Family Parish.

## **THE HOSPITALITY DESK NEEDS YOU**

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People are needed to sit at the Hospitality Desk in reception area (RECEPTION DESK) after Mass. For details if you are interested please call Doreen Medwid 403-580-3198 or Eileen Friedt 403-504-1626

## **EXTRAORDINARY MINISTERS OF THE EUCHARIST**

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Sign Up Sheet for Ash Wednesday, February 13<sup>th</sup> is posted on the Bulletin Board in the greeting area. Please sign up for which ever Mass suits your schedule. Thank You for your Contribution!

## **HOSPITAL PATIENTS**

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If you or a loved one are patients at Medicine Hat Regional Hospital and you wish Visitation/Communion from the visiting ministry PLEASE make sure you are registered as Roman Catholic at the hospital.



## **NET TEAM NEWS**

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**A HUGE THANK YOU TO THE HOST HOMES: JAN 24 TO FEB 7<sup>TH</sup>, 2013.**

**We thank Mark & Sandra Meuchel who are hosting James, Matthew and Ian;**

**Thank you to Lynette and Bradly Pancoast who are hosting Ashley, Kyley, Sharon and Michelle.**

If you live in the area of Sunset Rd SW, any assistance you could give these families to support them as hosts is greatly appreciated; the commitment is minimal and the rewards are huge! If possible, please call Dianna for detail.

We are in great need of families or couples from our parishes to assist the Host Home families. Please call Dianna at 527-4338 if you have any questions. Thank you.

**The next available dates to host are:**

Mar 21 to Apr 4 – 3 M & Mar 21 to Apr 4 – 2 F & Mar 21 to Apr 4 – 2 F

**If you can donate snacks for the NET Teen Nights or Family Fun Day events PLEASE call the coordinator Lynn O'Byrne @ 403 526-4025.**

**Equip Gr. 6-9 –** Come, get ready to launch into the season of Lent at Equip night, Friday Feb. 8<sup>th</sup> from 7pm-9pm at Holy Family Parish.

Date Night: Friends, crushes, significant others...how do we know if we should go from one to the other? Join the NET team for a night on what dating really means and how we can live pure relationships! Friday Feb. 15<sup>th</sup> from 7pm-9pm at St. Patrick's Church and Friday Feb. 22<sup>nd</sup> from 7pm-9pm at Holy Family Parish!

**Unchained Gr. 10-12 -** On Sunday Feb. 3<sup>rd</sup>, join the NET Team as we watch the "180 Movie" and discuss a hot topic of abortion. Come find out how we can protect the dignity of all human life! Be there, Sunday Feb. 3<sup>rd</sup> 7pm-9pm at Holy Family Parish!

True love is more than just chocolates, roses, and heart shaped cards. Join us for a night on authentic love and how to live a life of chastity! Sunday Feb. 10<sup>th</sup> from 7pm-9pm at Holy Family Parish!

**Discovery Faith Studies -** The NET team will be hosting a Bible study for youth in Gr. 10-12 called "Discovery". Discovery is an informal small group discussion about how the Bible can relate to our Catholic Faith and will be 1 hour a week for 6 weeks! For more information, or to sign up for a Discovery Faith Study, e-mail us at [medhatcatholicyouth@gmail.com](mailto:medhatcatholicyouth@gmail.com) or Facebook us at "Medicine Hat Catholic Youth"!

**Volunteers -** Interested in volunteering in Youth Ministry? The NET Team invites you to share your love for God and your gifts with the youth of our parish! There are a variety of different things that we would love your help with, including giving a talk, leading a game, or leading small group for our Middle School/High School youth groups or Family Fundays, or helping with set up and background work. If you feel like you could help in other ways, you also have the options to donate snacks for our events, offer your home to host members of the team, or pray for the ministry. We will be starting our Leadership Training Series very soon, so please contact us at [medhatcatholicyouth@gmail.com](mailto:medhatcatholicyouth@gmail.com) if you are interested in volunteering!

## **COME, SIT IN THIS CHAIR, REJOICE IN GOD'S MERCY**

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Catholics celebrate the sacrament of Reconciliation because we recognize that sometimes we fail to do as we ought and because we believe in God's mercy and forgiveness. Has it been a while since you received the sacrament of Reconciliation? Are you unsure of what to do? Maybe you are embarrassed, afraid, or ashamed? Know that the sacrament is completely confidential and the decision to come is cause for rejoicing. The priest can help you begin and you can trust the Holy Spirit to take over from there. Even if you don't know how you can change your life, showing up makes you open to the grace that the sacrament brings. As part of the Year of Faith, the Diocese of Calgary invites you to re-discover the meaning of the sacrament of Reconciliation in your life.

In addition to the regular parish schedule, the sacrament of Reconciliation will be available at parishes throughout the Diocese of Calgary all the Wednesdays of Lent from 7:30 – 8:30pm. *Come, sit in this chair—Rejoice in God's mercy.*

**Action:** Do you celebrate the sacrament of Reconciliation regularly? If so, share your positive experience with someone this week. If you are afraid to go to Reconciliation, speak about your reservations with a priest or someone you know who does participate in the sacrament.



# Bringing Home the Word



4<sup>TH</sup> SUNDAY IN ORDINARY TIME February 3, 2013

## God Speaks in Unlikely Ways

By Diane M. Houdek

In today's Gospel, Jesus has been speaking to the people in the synagogue in his hometown of Nazareth. While they are initially awed by his proclamation of the word, they begin to resent what they see as a local boy getting too important for his own good—or their comfort. It was one thing when he was doing impressive deeds in Capernaum. But now he comes home to Nazareth and tells them that the status quo is going to change. He has read to them the passage in which the prophet Isaiah says, "The Spirit of the Lord is upon me, because he has anointed me to bring glad tidings to the poor." They wait for him to interpret this passage for them

in the way of the rabbis, and instead he says, "Today this Scripture passage is fulfilled in your hearing."

The people of Nazareth think they know all there is to know about this Jesus, the son of Mary and Joseph. How could he possibly be the fulfillment of the words of one of their greatest prophets? And then he tells them that it's not about the hometown crowd at all. It's about salvation being extended to all the nations.

We might talk about living in a global village in the twenty-first century. But really we can be as insular as any first-century village in Palestine. We have our families, our groups of friends, our coworkers, our fellow parishioners. We surround ourselves with the people who are like us, whatever that might mean.

We're quick to judge other people: by appearance, by background, by familiarity, by behavior. Too often we dismiss them because they don't meet some actual or imagined standard. We don't even see the homeless person we pass each day on the way to work, the troubled student, the perpetually complaining coworker.

The people we think we know best are often the hardest to take seriously—an elderly parent, a confused teenager, an ambitious and upwardly mobile young adult. We put people into compartments so that we know how to respond without thinking.

The danger in this is that we can very easily miss the voice of God speaking through unlikely prophets. Often the greatest obstacle to moving forward, whether at school, at work, or in our families, is an inability or unwillingness to recognize that the people around us can change. And then we have to wrestle with the fact that they might have something to say that will challenge us to change our own lives.

St. Paul reminds us that love is more important than any other gift or talent we may possess. He says, "And if I have the gift of prophecy, and comprehend all mysteries and all knowledge, if I have all faith so as to move mountains, but do not have love, I am nothing." Whether we're speaking or listening, we need to do it with love, with openness, with humility. We need to learn not to react out of anger and frustration.

Jesus knows his message, he knows his call. But he also knows that he will not always be accepted by his audience. He says what he has come to say and then he passes through their midst and away. It's left to them to decide whether they're going to hear and act on his words.

God can speak to us through anyone at any time. Will we listen? Will we be open to hearing God's message? And perhaps most important of all, how will we respond? ✚

### SUNDAY READINGS

#### **Jeremiah 1:4-5, 17-19**

A prophet learns what important work God has in store for him. He will preach the word boldly no matter what hardship he must face.

#### **I Corinthians 12:31—13:13**

Paul describes Christian life. It is a matter of loving others in all circumstances.

#### **Luke 4:21-30**

Jesus declares himself to be the fulfillment of Isaiah's promise for the restoration of Israel. The people of Nazareth reject him.

## REFLECTION QUESTIONS

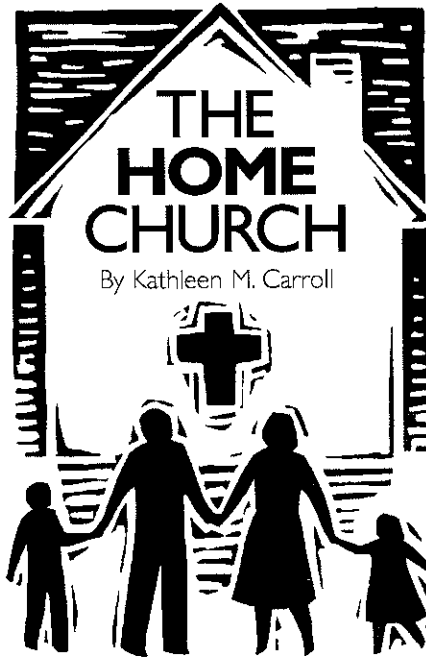
## QUESTIONS REFLECTION

- When have you heard God's challenge from an unlikely source?
- What keeps you from speaking the truth to family members and friends?
- How do you respond to rejection?
- Why does Paul say that in the end only love matters?

# PRAYER

For you are my hope,  
O Lord;  
my trust, O God,  
from my youth.  
On you I depend  
from birth;  
from my mother's  
womb  
you are my strength.

—Psalm 71:5-6



Those of us privileged to raise children have a special kind of magical thinking. We delight over that infant bundle as the child struggles to learn to do all those things we do without thinking. We must teach her to eat, serving spoonfuls of mush through a toothless grin. We must teach him to walk, shuffling along with uncertain steps. We must train her to use the toilet, gushing with praise at each improvement. Despite the evidence we see, we are certain that this child will do great things one day.

At the same time, many of us wrestle with a dark view of our own capacity. As adults, presumably responsible for our own progress, we convince ourselves again and again that we can't possibly make the grade.

Today's Gospel tells us that we're much closer to that child with infinite capacity than to the adult washout we imagine ourselves to be. No matter what his neighbors thought, Jesus was no mere carpenter's son from Nazareth. He followed his calling to a destiny beyond dreaming and he asks us to do the same. It takes only one shaky step at a time to follow Christ to a glorious future.

## DEI VERBUM VATICAN II'S CONSTITUTION ON DIVINE REVELATION

"This plan of revelation is realized by deeds and words having an inner unity: the deeds wrought by God in the history of salvation manifest and confirm the teaching and realities signified by the words, while the words proclaim the deeds and clarify the mystery contained in them. By this revelation then, the deepest truth about God and the salvation of man shines out for our sake in Christ, who is both the mediator and the fullness of all revelation." (*Dei Verbum*, 2)

In today's Gospel, Jesus says, "Today this Scripture passage is fulfilled in your hearing." The words of Isaiah about the deeds of the coming Messiah are indeed fulfilled perfectly in the person of Jesus.

The Judeo-Christian story of salvation history is told in the Bible from Genesis through Revelation. It's less one continuous story than a series of events that happen and are told and retold from generation to generation, making apparent to each the saving deeds of God acting in human history.

Much as we tell our own family stories, placing ourselves and our children in a family tradition, the Scriptures place us in a story and a tradition in which we discover who we are and what we are to do as children of God.

While the Scriptures will never find complete fulfillment in our own imperfect lives, we can strive to live the words to the extent that we can, making them a little more real for the people we meet.

## WEEKDAY READINGS

Monday	Heb 11:32-40/Mk 5:1-20	Thursday	Heb 12:18-19, 21-24/Mk 6:7-13
Tuesday	Heb 12:1-4/Mk 5:21-43 <i>Agatha</i>	Friday	Heb 13:1-8/Mk 6:14-29
Wednesday	Heb 12:4-7, 11-15/Mk 6:1-6 <i>Paul Miki and companions</i>	Saturday	Heb 13:15-17, 20-21/Mk 6:30-34

Bringing Home  
the Word

February 3, 2013

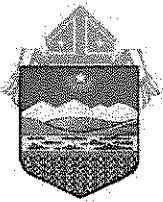


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# Roman Catholic Diocese of Calgary

Announcements from the Catholic Pastoral Centre for  
February 3rd 2013, Fourth Sunday in Ordinary Time

## **Centennial Statue of Mary Immaculate and the Historical Banners**

The statue and banners will be at the following parishes during the next few weeks:

St. Cecilia, Calgary

February 1 – February 4

St. James, Calgary

February 5 – February 9

Holy Name, Calgary

February 10 – February 14

Sacred Heart, Calgary

February 15 – February 19

Please plan, if possible, to attend any special services organized by these communities and pray for them, especially while the statue is with them.

## **Human Resources**

### **Coordinator of Ecumenical and Inter-Religious Affairs (part-time)**

The RC Diocese of Calgary invites applications for a part-time Coordinator of Ecumenical and Inter-Religious Affairs working out of the Catholic Pastoral Centre in Calgary. If you have a solid understanding of Roman Catholic theology on ecumenism and interfaith dialogue and have an abiding desire to promote Christian unity and cooperation with peoples of other faiths, please see [www.calgarydiocese.ca/human-resources](http://www.calgarydiocese.ca/human-resources) for more information about this position.

## **Courage and Encourage Apostolate**

The **Courage Apostolate** is a support ministry of our diocese for people who are attracted to the same gender and **Encourage** supports persons who have friends or loved ones struggling with same gender attraction. Members find support and hope through opportunities of personal sharing and discussion within a safe and caring faith environment. If you feel you have struggled alone for too long and would welcome the support of others, contact us via: Confidential voicemail at 403-800-8254 or by e-mail at: [couragecalgary@mail.com](mailto:couragecalgary@mail.com).

## **Social Justice Ministry**

**Human Dignity - More than Ever!** The Diocesan Development and Peace Committee would like to invite you to this year's Lenten Educational Workshop on Human Dignity. Human dignity is one of the guiding principles of Catholic Social Teaching that prompts us, as an organization of the Catholic Church in Canada, to act and support those with whom we share this fundamental human principle. Come and learn and take an active role in getting your parish, youth group or school involved! **The workshop will be held on Friday, February 8<sup>th</sup> at St. Pius X Parish, Calgary (2424-24 Ave. NW) from 6-9pm. Simple supper will be provided. All are welcome to attend. To register, please contact Lydia Shives at [lshives@gmail.com](mailto:lshives@gmail.com) or for more information 403-218-5519.**

**Ending Homelessness - What is the Churches' role in ending homelessness? How can Churches be part of the 10-Year Plan to end homelessness? What is Acadia Place?** KAIROS Calgary is hosting their annual "Churches Doing Good Stuff" event on **Saturday, February 9<sup>th</sup> at McDougall United Church** (8516 Athabasca St. S.E., Calgary). Dr. John Rook, President and CEO of the Calgary Homeless Foundation will speak to the Churches role in the 10-Year Plan to End Homelessness. Other key speakers include Richard Mugford, Director of Housing for CUPS and Community Developer at Acadia Place, Brad Fisher from the Aboriginal Friendship Centre, and Geoff Zakaib, Chair of KAIROS Calgary Homeless Committee. Breakfast at 8:00 am; registration at 8:45 am; program 9:00 am -12:30 pm. **Cost for this event is \$10 including breakfast or \$5 without. Register at [www.kairos-calgary.ca](http://www.kairos-calgary.ca) or contact Allison at 403-243-5478, [pwrdfcalgary@telus.net](mailto:pwrdfcalgary@telus.net). Registration deadline is February 6<sup>th</sup>.**

**Prison Ministry - Two individuals are needed to lead in singing and to play either keyboard or guitar during masses at the Calgary Remand Centre.** A commitment of two hours a week is needed. If you are interested, please contact our Prison Ministry Chaplain Deacon Luis at 403-695-2099 or [luis.hong@gov.ab.ca](mailto:luis.hong@gov.ab.ca).

### **Life and Family Resource Centre (LFRC)**

**Marriage Help: Has your road to 'happy-ever-after' hit some speed bumps? Retrouvaille can make it better.** For information: [www.helpourmarriagecalgary.com](http://www.helpourmarriagecalgary.com) or call 403-282-9531.

**40 Days for Life Prayer Vigil – February 13 – March 24, 2013** from 8 am to 8 pm across from the Kensington (abortion) Clinic, 24 St and 5 Ave NW. Peaceful, prayerful, lawful, loving public witness. Come out and pray for the end of abortions for an hour a day, a week or whenever you can. Organize your parish, your family or your friends to join you. For details and to sign up go to [www.40daysforlife.com/calgary](http://www.40daysforlife.com/calgary) or call Dave & Kay'd at 403-467-6961.

**New dates for Transitions**, the support group for men and women who are newly separated or divorced, is starting on **Tuesday, February 19** from 7:00 – 9:00 pm. The program runs for 15 weeks, ending on Tuesday, June 4, 2013. For more information contact LFRC at 403-218-5505 or [gabriele.kalincak@calgarydiocese.ca](mailto:gabriele.kalincak@calgarydiocese.ca).

**Effective Co-Parenting: Putting Kids First** is a 5-evening program (every **Tuesday evening** from 7:00 pm – 9:00 pm starting **February 26 – March 26**) for those parenting through separation or divorce. Co-parents should ideally not attend the series together, as this is an educational, not counseling, program. Topics covered include best practices for communication with a former spouse, and needs of children experiencing separation/divorce in the family with developmentally-appropriate ideas for every stage from infants/toddlers, through school-aged, to teens and young adults. Contact LFRC at 403-218-5504 for more information, upcoming dates, and/or registration.

The **Calgary Diocesan Marriage Preparation** program "For Better and For Ever", accepts all couples preparing for marriage. Smaller group settings allow us to focus on couples in one or more of the following circumstances: living together, previously married, beginning marriage with children, couples 45+, or those who wish to have their marriage blessed in the Church. For information and/or to register call the Life and Family Resource Centre at 403-218-5504 or email [lifeandfamily@calgarydiocese.ca](mailto:lifeandfamily@calgarydiocese.ca). We only have a few spots left for the **next available program held on Monday evening March 25<sup>th</sup> Friday evening April 12 & Saturday April 13, 2013.**

For Life & Family ministries, programs and events please visit our website at [www.calgarydiocese.ca](http://www.calgarydiocese.ca), or call 403-218-5504 for more information.

### **Calgary Meals on Wheels is in need of your help!**

This unique non-profit outreach program delivers nutritious, affordable subsidized meals for seven days per week, for those in need, allowing seniors and the handicapped to remain independent. Special diets can be accommodated. If you have family or anyone in your community, who can benefit from this program, please call 403-243-2834 or email [signup@mealsonwheels.com](mailto:signup@mealsonwheels.com).

To fulfill these needs we are looking for **volunteer drivers and couriers**. Check out [www.mealsonwheels.com](http://www.mealsonwheels.com). For further information please contact Deacon Frank Niehaus (Calgary Meals on Wheels Religious Liaison) at 403-281-6550 or email [fsniehaus@yahoo.ca](mailto:fsniehaus@yahoo.ca).